



BE THE MASTER OF YOUR IB

COMPREHENSIVE STUDY SKILLS FOR IB SUCCESS

YEAR 2: 2015-2016



ACCESSLEARNING

COURSE TARGETS

The aim of this extensive course is to support IB candidates in successful completion of the IB, including Internal Assessments (IAs) and the core (CAS, TOK and EE) as well as exam revision strategies for mock exams and the May 2016 IB exams. Students will learn how to play the IB game more strategically and successfully by learning to be proactive, to revise regularly and to work smart.

SESSION 1 | September 2015

Getting Organized For Year 2!

Setting intentions and goals, growth mindset and getting organized for Year 2

SESSION 2 | October 2015

Playing the IB game, time management and taming the ostrich!

The relationship between procrastination and motivation, strategies for changing your mindset and engaging actively in your studies.

SESSION 3 | November 2015

Academic writing skills

Writing skills across the disciplines and creating a revision plan for the mock exams

SESSION 4 | December 2015

Mock Exams

Creating motivation through mindset and developing a positive feedback loop

SESSION 5 | January 2016

Growth VS Fixed mindsets

Using a growth mindset to learn from feedback and use it to create success

SESSION 6 | February 2016

Exam Revision Plan

A 12 week exam preparation plan and strategies for systematic independent revision

SESSION 8 | March 2016

Staying Motivated and Taming the Ostrich

Following your revision plan, the revision cycle and coping with procrastination

SESSION 9 | April 2016

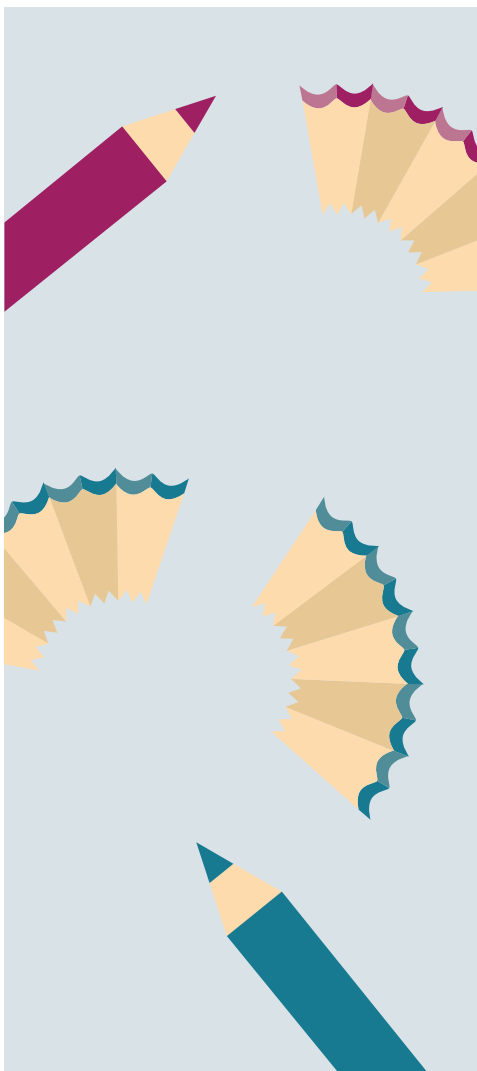
Time management for exam preparation, exam taking techniques and taming your inner ostrich!

Staying motivated and maintain active engagement for optimal exam success

SESSION 10 | April/May 2016

The countdown: exam preparation and test-taking techniques continued

Keeping yourself healthy and focused through the exam period



COURSE SIZE & FEES

The course is designed for four to six students. We will meet for five hours once a month on Saturday afternoon at my home over a one year period.

The price of the course depends on the number of participants.

The Year 2 course consists of 10 sessions and is priced according to the number of participants enrolled:

Price for 4 participants: **€1630 VAT incl.**

Price for 5 participants: **€1300 VAT incl.**

Price for 6 participants: **€1100 VAT incl.**


WHAT DOES IT INCLUDE?

Tuition includes:

- All course materials, school supplies (binders, file folders, agendas, etc.)
- Access to content specialized during the spring sessions
- A homemade lunch
- Snacks and beverages.

The price is for the complete 10-session course.

The course is priced according to participant numbers and must be paid in full prior to the first session. Please note that absences are not reimbursed. Different schools have different IB deadline schedules, and this syllabus will be adapted accordingly.



*"I can't change the direction of the wind,
but I can adjust my sails to always reach my destination."*

Jimmy Dean



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