



BE THE MASTER OF YOUR IB

COMPREHENSIVE STUDY SKILLS FOR IB SUCCESS

YEAR 1: 2015-2016



ACCESSLEARNING

COURSE TARGETS

The purpose of this course is to prepare and support students in learning the requisite skills to be successful in the IB.

SESSION 1 | Late August 2015

Getting yourself mentally and physically prepared for IB success

Setting goals and intentions, getting organized and learning how to play the IB game

SESSION 2 | September 2015

Time management

The relationship between your goals, skills, motivation and time management

SESSION 3 | October 2015

Taming the Ostrich!

Understand the causes of procrastination and strategies for increased motivation

SESSION 4 | November 2015

Test-preparation and test-taking strategies

The active learning cycle, IB command terms and rubrics, and studying smart

SESSION 5 | December 2015

Preparing for the onslaught!

Strategic and proactive approaches to staying on top of your workload

SESSION 6 | January 2016

Writing for the IB

Academic writing styles across the disciplines

SESSION 7 | February 2016

Managing the increased demands on your time

Breaking projects into manageable chunks and other strategies for project management

SESSION 8 | March 2016

Managing independent projects

SESSION 9 | April 2016

Juggling all the balls

Time and project for managing independent projects while keeping up with other work

SESSION 10 | May 2016

Final Exam Revision

Strategies for managing simultaneous demands on your time

SESSION 11 | June 2016

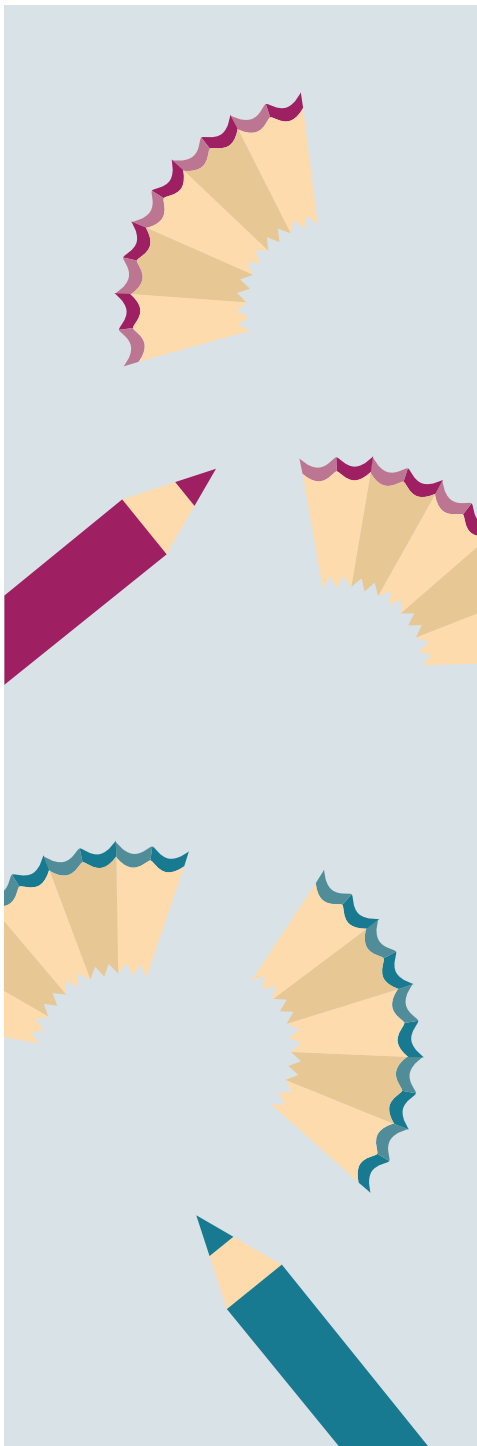
Management of Internal Assessments and Extended Essay projects

Exam revision and test-taking strategies

SESSION 12 | July or August 2016, depending on holiday schedules.

Supervised Internal Assessment and Extended Essay completion

Strategies for project management and research



COURSE SIZE & FEES

The course is designed for four to six students. We will meet for five hours once a month on Saturday afternoon at my home over a one year period.

The price of the course depends on the number of participants.

The Year 1 course consists of 12 sessions and is priced according to the number of participants enrolled:

Price for 4 participants: **€2000 VAT incl.**

Price for 5 participants: **€1600 VAT incl.**

Price for 6 participants: **€1300 VAT incl.**

WHAT DOES IT INCLUDE?

Tuition includes:

- All course materials, school supplies (binders, file folders, agendas, etc.)
- Access to content specialized during the spring sessions
- A homemade lunch
- Snacks and beverages.

The price is for the complete 12-session course.

The course is priced according to participant numbers and must be paid in full prior to the first session

“If you can dream it, you can do it”

Walt Disney

